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| **Learning and Development Record**  **SRA ‘Continuing Competence’ System** |  |

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| **Name** |  |
| **Period covered** |  |

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| **Date(s)** | **Learning/development activity**  *What did you do?* | **Method**  *How was the activity undertaken? Please give course and provider details if relevant.* | **Outcomes**  *What did you learn from this? Has it addressed a need previously identified in your Learning and Development Plan?* | **Application**  *How have/will you use this?*  *Any further actions required?* | **CPD hrs**  *If relevant* |
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**Continuation page**

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| **Date(s)** | **Learning/development activity**  *What did you do?* | **Method**  *How was the activity undertaken? Please give course and provider details if relevant.* | **Outcomes**  *What did you learn from this? Has it addressed a need previously identified in your Learning and Development Plan?* | **Application**  *How have/will you use this?*  *Any further actions required?* | **CPD hrs**  *If relevant* |
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